Upcoming Meetings
- April 29th - 11:00am Charlotte Knights Baseball Game, BB&T Stadium
- June 4th - TBD Dilworth Grill
- July 9th - TBD

To register please visit us on the web: Tarheel ASSE Events

February: Arlene Edwards, Region VI Area B Director

Arlene Edwards, CSP is Owner/President and senior consultant for Safety & Health Consulting Services, Inc. (S&HC). She previously served as a NC OSHA Compliance Officer and Workplace Retaliation Supervisor, and before that as a safety and occupational health specialist and manager at Department of the Navy military installations. In 2013, she was appointed by the NC Governor to a 6-year term as a member of the NC Occupational Safety and Health Review Commission.

Edwards is a 22-year member of ASSE and a past president of the North Carolina Chapter, having served twice in that capacity, as well as many other elected and nonelected positions within the Chapter for the past two decades. She was awarded the NC ASSE Chapter Safety Professional of the Year for 2014. Arlene provided a recap of the new OSHA reporting standards that went into affect as of Jan. 1, 2015.

March: Tracy A. Beaudry, Risk Management

Tracy is the Director, EHS for Polymer Group Inc. (PGI), a global, technology-driven developer, producer and marketer of specialty materials, and one of the world’s leading producers of nonwovens. PGI is a global supplier to leading consumer and industrial product manufacturers. The company operates 13 manufacturing and converting facilities in 9 countries throughout the world.

Tracy manages overall PGI EHS strategy, goals and programs and is responsible for developing and implementing Global programs and best practices for continuous improvement in Environmental, Health and Safety performance.

She holds a Bachelor of Arts degree in Business Management from Saint Leo University and the Certified Safety Professional Certification (CSP) from the Board of Certified Safety Professionals. She is also a member of American Society of Safety Engineers (ASSE) and Women in Safety Engineering (WISE).

“Welcome” to our newest members:
- William Boozier
- Marcus Mentzer
- Morgan Laney
- Gary Nesbit

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♦ 4th Annual Tarheel Chapter Professional Development Conference (PDC)

Join us **May 21st** for a full day of inspirational speakers, food and fun! Past ASSE President Richard “Rick” Pollack, CSP is the keynote speaker. **Click here to register:** [http://tarheel.asse.org/pdc/](http://tarheel.asse.org/pdc/)

♦ 37th Annual Mecklenburg County Fire and Life Safety Bowl Winners

**Congratulations to Barringer Academic Center, 1st place winner**

This year, the Bowl consists of 33 public and private Charlotte/Mecklenburg schools with teams of 4th and 5th graders. Students compete against each other teams using injury prevention study materials in a “game show” format. The objective is to score as many points as possible by answering questions based on the study materials provided.

Participants receive certificates, lunch and prizes. Winning schools receive cash awards for their schools, plus “bragging rights.” The top 3 teams move on to compete in the Annual NC Fire & Life Safety Bowl Competition: Barringer, Bain Elementary and Back Creek Presbyterian.

The program consists of 33 schools, or 165 students, plus (66) coaches and parents. Nearly 400 people participate as students, coaches, parents, observers, staff or volunteers. The Bowl is not funded with any taxpayer money, but with financial or in kind contributions raised by us from sponsors.

♦ **Look at what’s happening in WISE !!**

The **WISE Mentoring program** successfully connects today’s most talented and experienced women mentors with rising and aspiring mentees. This pairing is designed to encourage and empower mentees to more effectively advance their careers through alignment with identified business objective, skill development, career option consideration, and network formation. All discussions are strictly confidential between the two parties. If you are a WISE member and SH&E practitioner seeking to chart a successful career path or a seasoned pro eager to share experiences and insight, please visit the ASSE WISE website for more information. [http://www.asse.org/practicespecialties/wise/mentor/](http://www.asse.org/practicespecialties/wise/mentor/) **WISE will be making new matches for the program in April and all mentee applications and mentor resumes must be submitted by April 10, 2015.**

Register to attend our second **WISE Personal Development Retreat: WISE-up!** on **Saturday, June 6th in Dallas.** The Retreat is a one day event focused on women in business and the unique challenges and stresses of being a woman in the safety, health and environmental (SH&E) industry. Sessions this year cover career building, multiple streams of income, health, personal strength,... and once again we will start the day with optional yoga. Use the [www.safety2015.org](http://www.safety2015.org) “Register Online” button to register for the WISE-up! event. Registration Step 7 shows “WISE Retreat” that you can select. **Note: You cannot register for the Retreat by itself online - to register only for the retreat, contact ASSE Customer Service at 847/699-2929.** s that offers safety related products or services, WISE is interested in adding you to their directory. In addition, if you know if any vendors or business that offer a significant selection of female safety products, WISE would like to hear from you as well.

Please contact Jennifer Law, WISE Liaison, for more info at wise@tarheel.asse.org.

♦ **Congratulations to Julian Mercer Region 6 2015 Safety Professional of the Year!**

The ASSE Regional SPY award is an honor acknowledging the dedication and outstanding contributions of a member to a specific Region, who demonstrated technical expertise in the broad field of safety and a thorough knowledge of the operational aspects of his/her safety employment. Demonstrated outstanding contributions to the Society,Chapter, or Region including committee or task force chair, officer, services to members, etc. Professional contributions to advance the Safety Profession, such as fostering professional development, public/community services, work with allied groups, etc. Congratulations Julian!
Keep Listeria Out of Your Kitchen

Keep Refrigerated Foods Cold: Chilling food properly is an important way of reducing risk of Listeria infection. Although Listeria can grow at refrigeration temperatures, it grows more slowly at refrigerator temperatures of 40 degrees F or less.

- Keep your refrigerator at 40 degrees F or lower and the freezer at 0 degrees F or lower.
- Wrap or cover foods with a sheet of plastic wrap or foil or put foods in plastic bags or clean covered containers before you place them in the refrigerator. Make certain foods do not leak juices onto other foods.
- Place an appliance thermometer, such as a refrigerator thermometer, in the refrigerator, and check the temperature periodically. Adjust the refrigerator temperature control, if necessary, to keep foods as cold as possible without causing them to freeze. Place a second thermometer in the freezer to check the temperature there.
- Use precooked and ready-to-eat foods as soon as you can. The longer they are stored in the refrigerator, the more chance Listeria has to grow.

"If you have leftovers in your refrigerator, it’s best to throw them out after three days, just to be sure," says Zink. "It's better to be safe than sorry."

Clean Refrigerator Regularly: Listeria can contaminate other food through spills in the refrigerator.

- Clean up all spills in your refrigerator right away—especially juices from hot dog and lunch meat packages, raw meat, and raw poultry. Consider using paper towels to avoid transferring germs from a cloth towel. Clean the inside walls and shelves of your refrigerator with warm water and liquid soap, then rinse. As an added measure of caution, you can sanitize your refrigerator monthly using the same procedures described below for kitchen surfaces.

Clean Hands and Kitchen Surfaces Often: Listeria can spread from one surface to another.

- Thoroughly wash food preparation surfaces with warm, soapy water. As an added precaution you should sanitize clean surfaces by using any of the kitchen surface sanitizer products available from grocery stores, being careful to follow label directions.
You can make your own sanitizer by combining 1 teaspoon of unscented bleach to one 1 quart of water, flooding the surface and letting it stand for 10 minutes. Then rinse with clean water. Let surfaces air dry or pat them dry with fresh paper towels. Bleach solutions get less effective with time, so discard unused portions daily.
- A cutting board should be washed with warm, soapy water after each use. Nonporous acrylic, plastic, or glass boards can be washed in a dishwasher.
- Dish cloths, towels and cloth grocery bags should be washed often in the hot cycle of your washing machine.
- It’s also important, to wash hands with warm water and soap for at least 20 seconds before and after handling food. This article appears on FDA's Consumer Updates page, which features the latest on all FDA-regulated products.

Member/Company Spotlight

Sergio Franco: Our New Safety Professionals and Latino Workforce Liaison

Please welcome Sergio Franco to ASSE Tarheel chapter. Sergio recently became a member of our chapter and has volunteered to chair the Safety Professionals and Latino Workforce (SPALW) Tarheel chapter common interest group. In 2008, Sergio moved to the Charlotte area and became the Safety & Training Manager for Baker Roofing Company. In that role, he was able to utilize his safety and training background while continuing to earn experience with the construction industry. He has overseen multi-million dollar projects where he was involved from the beginning and set up safety as one of the primary objectives. He continues to serve the company as a resource on asbestos, lead, and other environmental concerns. Currently, Sergio has been promoted to the Regional VP of EHS and he is overseeing the risk management of 6 different locations. He is part of the driving force to keep employees safe, keep the company in OSHA, EPA, and State Compliance, and developing a safety oriented culture. Sergio looks forward to doing great things with SPALW. With his understanding of the Spanish and Latino workforce, his bilingual capabilities, and his motivation to save lives, he will make a change in helping develop a safer work environment for our Latino Workforce.
Dallas, TX
June 7th-10th

Expand your capabilities, connect with your peers and get inspired at the ASSE Safety 2015 Professional Development Conference & Exposition. Only an educational event of this caliber can bring together the most distinguished speakers and strategic sessions covering the latest topics and trends. It’s sure to leave you not only inspired, but up-to-date on the latest evolution of OSH strategies, skills and innovations. Connect with more than 4,000 of your peers. Register today at www.safety2015.org.

2014-2015 Tarheel Chapter Executive Team

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<tr>
<th>Name</th>
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ASSE Purpose Statement (As listed in By-laws) To promote the advancement of the safety profession and safety professionals and development of members in our geographical area.